



ALPINE EXPERIENCE PROGRAMME 2026

MONDAY

KAPPL

SUNRISE HIKE PEZINERSPITZE
WITH SUMMIT ENJOYMENT

Time: upon registration
Meeting point: Kappl Tourist Office

MATHON

VINYASA YOGA FLOW IN THE
MORNING

Time: 8:45 am
Meeting point: Heindalishof
Mathon

GALTÜR

BIKE BASICS – RIDING TECHNIQUE
TRAINING FOR MORE

SAFETY AND FUN

Time: 9:00 am
Meeting point: Bikeschule Silvretta
Galtür in Wirl

GALTÜR

THRILLS ON THE NATURAL ROCK
CLIMBING WALL

Time: 10:00 am
Meeting point: Sigg's
Alpine Club in Galtür (near the
soccer pitch)

ISCHGL

ADVENTURE HIKE WITH INGRID

Time: 10:30 am
Meeting point: Silvrettabahn
or Fimbabahn valley
station Ischgl

KAPPL

GRISSNERS EDLE – SCHNAPPS
TASTING HIKE

Time: 11:00 am
Meeting point: Kappl
village square

GALTÜR

TREASURE HUNT MENTA ALM
LODGE

Time: 1:00 pm
Meeting point: Sigg's
Alpine Club in Galtür (near the
soccer pitch)

GALTÜR

SILVA TRAILS TRAINING FOR
BEGINNERS

Time: 2:00 pm
Meeting point: Bikeschule Silvretta
Galtür in Wirl

SEE

LANTERN HIKE IN SEE

Time: 8:00 pm
Meeting point: See Tourist Office

TUESDAY

ISCHGL

HIKE TO THE IBEX
Time: 8:35 am
Meeting point: Bielerhöhe
Mountain inn Piz Buin
(bus stop Gasthof Piz Buin)

MATHON

PILATES IN THE MORNING – MOVE
MINDFULLY, BUILD STRENGTH
WITH PURPOSE

Time: 8:45 am
Meeting point: Heindalishof
Mathon

SEE

FAMILY HIKE VERSING ALPE
LODGE

Time: 9:30 am
Meeting point: Medrigjochbahn
valley station See

GALTÜR

E-BIKE BASICS TRAINING

Time: 9:30 am
Meeting point: Bikeschule Silvretta
Galtür in Wirl

ÖTZTAL BAHNHOF

RAFTING TOUR FOR BEGINNERS /
AREA 47

Time: 9:30 am
Meeting point: AREA 47 Outdoor
Adventure Park

ÖTZTAL BAHNHOF

RAFTING TOUR FOR FAMILIES /
AREA 47

Time: 9:30 am
Meeting point: AREA 47 Outdoor
Adventure Park

GALTÜR

GUIDED E-BIKE TOUR: TWO LAKES
AND A „HIMML“

Time: 10:15 am
Meeting point: Intersport Wolfart
main shop Galtür

KAPPL

COOKING ON THE MOUNTAIN
PASTURE

Time: 10:30 am
Meeting point: Alpine
museum (above the Sunny
Mountain Restaurant)

SEE

SOAP WORKSHOP

Time: 2:00 pm
Meeting point: Medrigjochbahn
mountain station See

GALTÜR

E-BIKE FAMILY TREASURE HUNT

Time: 2:00 pm
Meeting point: Bikeschule Silvretta
Galtür in Wirl

SEE

FAMILY HIKE WITH INSIGHTS INTO
LIFE ON A MOUNTAIN FARM

Time: 2:00 pm
Meeting point: See Tourist Office

KAPPL

BEHIND THE SCENES OF THE NEW
DIASBAHN CABLE CAR

Time: 10:00 am
Meeting point: Diasbahn valley
station Kappl (2nd floor, ticket
office)

GALTÜR

LANTERN HIKE IN GALTÜR

Time: 8:00 pm
Meeting point: Galtür Tourist Office

WEDNESDAY

KAPPL

SUNRISE HIKE WITH MOUNTAIN
BREAKFAST AT VISNITZ ALPE
LODGE

Time: upon registration
Meeting point: Diasbahn valley
station Kappl

GALTÜR

GLACIER SAFARI

Time: 8:15 am
Meeting point: Galtür village
square

MATHON

POTTERS WORKSHOP

Time: 9:00 am
Meeting point: Heindalishof
Mathon

GALTÜR

E-BIKE & HIKE SECRET HIGHLIGHT

Time: 9:30 am
Meeting point: Bikeschule
Silvretta Galtür in Wirl

ISCHGL

E-BIKE TOUR FOR EVERYONE

Time: 10:00 am
Meeting point: soccer pitch Ischgl

PLEASE TURN! →

KAPPL **NEW!**

SUNNY MOUNTAIN CHILDREN'S DAY

Time: 10:00 am

Meeting point: Diasbahn valley station Kappl (2nd floor, ticket office)

KAPPL

GREEN GOLD – HERBAL DIVERSITY

Time: 10:15 am

Meeting point: Diasbahn valley station Kappl (2nd floor, ticket office)

GALTÜR

VIA FERRATA FOR BEGINNERS

Time: 2:00 pm

Meeting point: Faulbrunn Alm lodge Galtür

GALTÜR **NEW!**

YELLOW GENTIAN IN GALTÜR: FROM A SPIRIT IDEA TO A SKINCARE INNOVATION

Time: 5:00 pm

Meeting point: Galtürer Enzian: Brennerei & G'schäft (Nr. 84b/Piz Fliana)

ISCHGL **NEW!**

SUNSET HIKE TO FRIEDRICHSHAFENER HÜTTE LODGE

Time: upon registration

Meeting point: Silvretta car park Ischgl

SEE **NEW!**

STYRIAN HARMONICA

Time: 5:30 pm

Meeting point: Oberhaus 14, See

THURSDAY

GALTÜR

THREE 3,000-METRE PEAKS IN ONE DAY

Time: 7:30 am

Meeting point: Galtür village square

GALTÜR

SILVA TRAILS TRAINING FOR ADVANCED RIDERS

Time: 9:00 am

Meeting point: Bikeschule Silvretta Galtür in Wirl

ISCHGL

SMUGGLERS' BIKE TOUR

Time: 9:30 am

Meeting point: Ischgl Tourist Office

SEE

FAMILY HIKE ASCHER HÜTTE LODGE

Time: 9:30 am

Meeting point: Medrigjochbahn valley station See

ISCHGL

BOW & ARROW ACTION

Time: 10:00 am

Meeting point: Archery Course Ischgl

ISCHGL

CHILDREN'S DAY AT VIDER TRUJA

Time: 10:00 am

Meeting point: Silvrettabahn or Fimbabahn valley station Ischgl

ISCHGL, GALTÜR, KAPPL, SEE
RAFTING TOUR FOR FAMILIES AND BEGINNERS

Time: 1:00 pm

Meeting point: bus from Galtür village square, via Ischgl Tunnel Prenner, Kappl Bergbahn and See Dorf/Bergbahn

GALTÜR

MINI RACERS

Time: 2:00 pm

Meeting point: Bikeschule Silvretta Galtür in Wirl

FRIDAY

LANDECK

FRISCHEMARKT LANDECK (REGIONAL FRESH MARKET)

Time: 9:00 am - 5:00 pm

Meeting point: Landeck, centre

RIED I. OBERINTAL

PIRATES – FAMILY DREAM CANYONING

Time: 9:00 am or 1:30 pm

Meeting point: H2O Adventure, 6531 Ried i. Oberinntal Nr. 231

GALTÜR

BOULDERING ROCKS!

Time: 9:30 am

Treffpunkt: Alpkogelbahn valley station Galtür

KAPPL

BEE HIKE AND VISIT TO BLACK-NOSED SHEEP

Time: 10:00 am

Meeting point: Kappl village square

KAPPL

FAMILY HIKE WITH ALPACAS

Time: 1:00 pm

Meeting point: Diasbahn mountain station Kappl

GALTÜR

E-BIKE & SUNSET

Time: 6:00 pm

Meeting point: Bikeschule Silvretta Galtür in Wirl

SATURDAY

GALTÜR **NEU!**

E-BIKE, HIKE & CLIMB TOUR TO THE DREILÄNDERSPITZE

Time: 7:00 am

Meeting point: Galtür village square

GALTÜR

THREE SUMMITS IN ONE DAY

Time: 8:20 am

Meeting point: bus stop Kops Gasthaus Zeinisjoch Galtür

SUNDAY

GALTÜR

FAMILY HIKE BY THE WATER

Time: 10:00 am

Meeting point: Alpkogelbahn valley station Galtür

ISCHGL

TRAIL DAY & RIDING TECHNIQUE TRAINING

Time: 10:00 am

Meeting point: soccer pitch Ischgl

Information & registration
experience programme:



(Subject to change!)

Galtür
PAZNAUN-ISCCHGL

ISCHGL

kappl
PAZNAUN-ISCCHGL

see
PAZNAUN-ISCCHGL